

## SNEOSG Committee Contact Details

Chairperson – Helen Muddock  
[Helen.Muddock2@suffolk.gov.uk](mailto:Helen.Muddock2@suffolk.gov.uk)

Vice Chair – Jim Darrah  
[jim@j-jaz.co.uk](mailto:jim@j-jaz.co.uk)

Treasurer – Heather Foster  
[Admin@Sneosg.org.uk](mailto:Admin@Sneosg.org.uk)

Group Administrator  
[Admin@Sneosg.org.uk](mailto:Admin@Sneosg.org.uk)



President – Andre Castle  
[andre@acersafety.co.uk](mailto:andre@acersafety.co.uk)

## Overview

SNEOSG is part of Safety Groups UK, East Anglia region and is affiliated to the Royal Society for the Prevention of Accidents.

The subscription from August 2019 to July 2020 is just £60.00 for each organisation at Standard level and £150 for Enhanced membership. For details of additional benefits of Enhanced please visit our website [www.sneosg.org.uk](http://www.sneosg.org.uk)

With the exception of site visits, all meetings are held at the **Ipswich & District Indoor Bowling Club, 136 Rushmere Road, Ipswich, Suffolk, IP4 4JU.**

Meetings are held on the **third Thursday of each month** from 14:00-16:00. There is not a meeting in August; this is the Group's Summer Break.

Members are welcome to invite guests to a monthly meeting, but we would request that you inform the Administrator in advance.

## Aims and Objectives of the Group

- Up-to-date sources of information on the ever-changing occupational health and safety scene;
  - Encouragement and promotion of a greater interest in occupational health and safety;
  - Support in the exchange of knowledge and experience through discussion and networking;
  - An understanding of the importance and value of the principles of occupational health and safety.
- Networking opportunities at every meeting during the mid-session tea/coffee break

## Joining SNEOSG

Our meetings offer an excellent opportunity to interact with professionals from a wide range of backgrounds who have an interest in health, safety, well-being or environmental matters ... and of course this can all add to your personal development and CPD records.

**If you have an interest in any aspect of health and safety, why not come along to one of our meetings as our Guest? Just contact our Administrator to confirm which meeting you would like to come along to.**

Organisations wishing to join SNEOSG can contact the Administrator or download an Application Form from [www.sneosg.org.uk](http://www.sneosg.org.uk)



## Programme

**September 2019 to  
August 2020**

SNEOSG have been promoting health and safety in the workplace since 1945

[www.sneosg.org.uk](http://www.sneosg.org.uk)

**Registered Charity: 1044606**

Programme  
September 2019 – August 2020

20 September 2019

No meeting

16 January 2020

Behavioural Safety

21 May 2020

Learning from incidents

17 October 2019

Insurance

20 February 2020

Contractors Control and Duty

18 June 2020

Slips, Trips & Falls – how to control &  
reduce the risk

21 November 2019

Air Sampling – and equipment to  
control release

19 March 2020

AGM &  
Working at Height

16 July 2020

Site visit to Sizewell B power station

12 December 2019

Risk Assessments, with particular focus  
on Confined Spaces

16 April 2020

Electric Gates

20 August 2020

Asbestos